

Encouragement 28

Hello PCS friends,

I hope you are well and enjoying the sunshine, or whatever weather is shining on you while you read this.

1. **Blooper Reel.** One of my favorite parts of any movie or show is the blooper reel at the end. These “mistakes” that the actors make, make for hilarious footage and can sometimes even be added back into the show as a brilliant moment. How many times has something in your life that “went wrong” made one of your favorite stories to tell for years? Think about your day today. What “mistakes” can you make into fun and brilliant bloopers? We never know when a misstep will end up leading us down a path more beautiful than the one we thought we wanted.
2. **Surprise and Delight.** Do something unexpectedly generous or kind for someone else today. Randomly text someone some loving thoughts. Give someone a little gift. Shovel out a random mailbox. Wave and smile at a stranger.
3. **Meditate for 5 Minutes.** You hear this one from me a lot, but if you have gotten out of the habit, here is your reminder. Insight timer and You Tube are great resources if you want a guided meditation.

I am happy to report that overall I am hearing that our students are engaged with their academics and doing well. Please continue to reach out to your teachers and staff for the support you need. We are so proud of you and so happy to be with you! We’ve got a pretty special family here at PCS. Thank you all for being you!

Warmly,

Becky