



For immediate release:



Date: June 18, 2020

From: Public Information Officer Lori Beatley

Plumas County has sixth positive COVID-19 test

On June 18, 2020, Plumas County Public Health received notification of a positive COVID-19 test who had close contact with the fifth positive person. This individual was identified during the contact tracing investigation conducted by Plumas County Public Health. The sixth positive individual has mild to no symptoms and was tested based on the close contact with the fifth positive individual. Per standard protocol, any person identified during the investigation as having close contact with a positive COVID-19 individual are tested and requested to self-isolate until tests results are received. All those who self-isolate due to the contact tracing investigation are monitored by Public Health. Close contact is considered to be contact with someone else for a 15-30 minute duration and within six feet of each other. An investigation is underway to determine if any other residents may have been exposed. Exposed residents identified during the investigation will be contacted by a member of the Public Health COVID-19 Response Team for further screening.

Plumas County should remain vigilant in slowing the spread of COVID-19. As more sectors continue to open, traveling into and out of Plumas County increases, and an increase of positive COVID-19 cases in areas around Plumas County, it is critical that every resident conduct themselves as if COVID-19 is in your community. Here are the ways you can keep yourself, your loved ones, and others protected:

- **Wash your hands often:** Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- **Maintain physical distance:** Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members. Put distance between yourself and other people outside of your home.
- **Cover your mouth and nose with a cloth face cover when around others:** Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
- **Cover coughs and sneezes:** If you are around others and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.
- **Clean and disinfect:** Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **Monitor Your Health:** Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
- **Avoid high-traffic public areas:** If possible, avoid high-traffic or crowded public areas where the chances of community spread of COVID-19 are higher.

In order to continue to protect the health of our community it is critical that everyone follow the executive order by staying home and avoiding travel when possible, practice physical distancing while in public, and continue to use universal precautions; including washing hands and covering mouths with an elbow or tissue when you cough or sneeze. Exposure to COVID-19 can be minimized if all precautions are practiced by all residents.

If you have any questions please contact the Plumas County COVID-19 informational phone line 530-283-6400 or send an e-mail to COVID19@countyofplumas.com or visit our website at www.plumascounty.us